Physician Social Experience

Empower your marketing strategies by understanding physicians' social experience across professional and consumer platforms

M3 MI

Kantar Media Healthcare Research



Methodology Overview

Three M3 MI Professional Health studies were utilized in this report:

2023 Sources & Interactions Study Medical/Surgical U.S. edition (n=2,796 U.S. physician respondents, across 23 specialties)

o Preferences, motivations and interactions across the wide spectrum of channels HCPs are exposed

2023 HCP Digital Insights Study (n=2,825 U.S. physician respondents, across 23 specialties)

Comprehensive assessment of physicians' digital and communication behaviors

2024 Medical/Surgical Media Measurement Study (n=4,094 U.S. physician respondents, across 24 specialties)

Preferences and usage across specific website, social networks, apps, publications, etc.

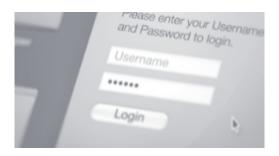
Data collection and weighting:

- All three studies were conducted online, active physicians are invited via email or through panel partners.
- Sample sources include:
 - o 2023 Sources & Interactions Study Medical/Surgical U.S. edition (fielded Feb.-May 2023): M3 All Global physician and Sermo WorldOne physician panels
 - o 2023 HCP Digital Insights Study (fielded Jun.-Aug. 2023): M3 All Global physician and M3 Global Research physician panels
 - o 2024 Medical/Surgical Media Measurement Study (fielded Nov. 2023 Mar. 2024): All Global/M3 physician, Sermo and Survey Healthcare Global physician panels
 - All three featured random selection from AMA Physician Masterfile (for the 2024 Media Measurement study the AOA Physician Masterfile was also used) containing both members and non-members (emails provided by IQVIA, M3 MI internal database and American Society of Plastic Surgeons)
- Weighting for the three surveys was done to universe of each specialty by age group

While the importance of physician information resources varies by channel, social is a top non-personal source



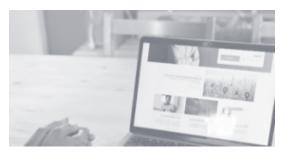
96% CME, Colleagues, Conferences, Meetings



93% Portals, websites Disease-specific/society/consumer news



81% Journals Print and digital/websites



69% Newsletters, government bulletins Print and email.



63% Sales reps, Pharma websites, promotional videos



59% Mobile apps Drug reference or diagnostic tools



42% Non-CMF webinars/ podcasts, instructional videos



34% Social media **Professional or consumer**

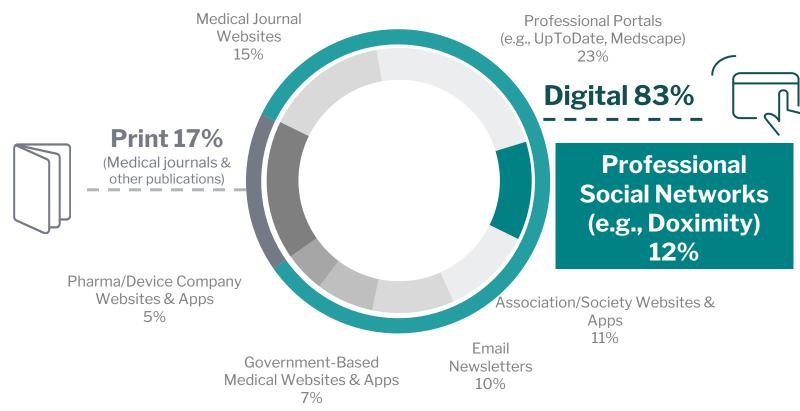
Social is 3rd highest digital channel for time spent reading medical content

89% of physicians use social media

On average, physicians spend 31% of their internet time on social media (for professional or personal purposes)

Time Spent in a Typical Week Reading Medical Content

(Average % by channel)



When it comes to medical information on social, many physicians are skeptical about the content being shared/posted

31% of physicians

Trust the medical info shared in a professional context on social media



85% of physicians

Worry about the reliability of medical information shared by patients on social media



1 in 3 believe **social media** has overall been a net-positive for the medical community.

Their professional social connections are sources of trust, and some can impact a physician's prescribing decisions

Types of Professional Connections Within Social Networks *



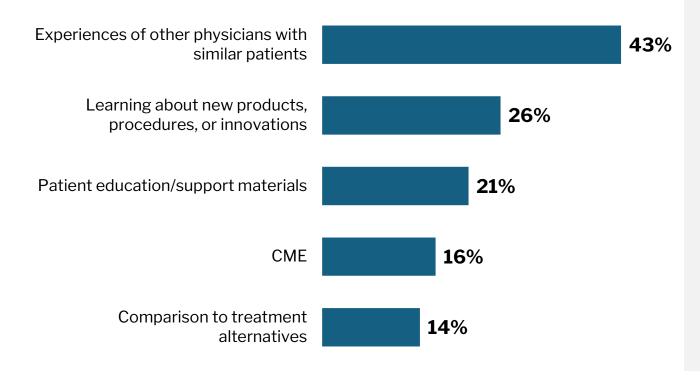
Social connections' potential impact on treatment and prescribing decisions*:

- 73% said medical publications/journals impact prescribing decisions
- **65%** reported **KOLs** and conference meetings contribute as well
- **57%** of **Colleagues/Peers** impact their treatment / prescribing behavior

*Among social media users with those connections

Messaging physician want on social networks is to hear from others with similar patients and stay up on trends

Top 5 Types of Information Like to Acquire Via Social Media



Information ranges by specialty type with:

30% of **KOLs** want to learn about **new products**, **procedures**, **or innovations**

22% of Emergency Medicine want social posts on Guidance on procedures

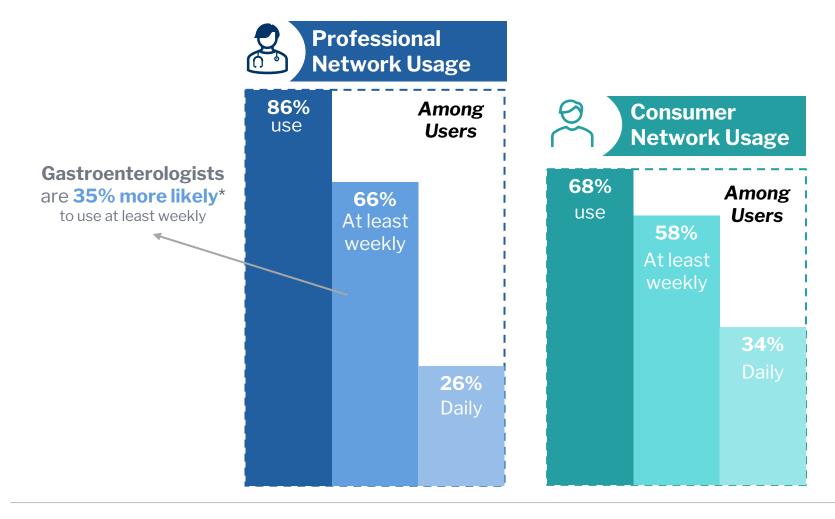


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Professional Health

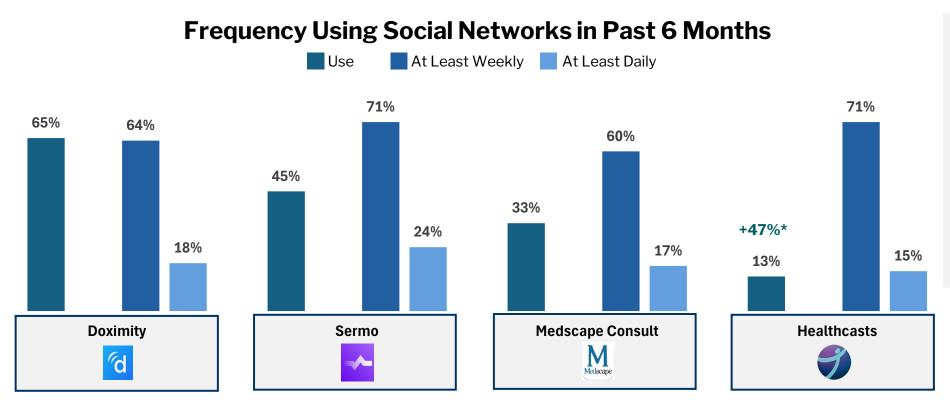
Source: 2023 Sources & Interactions M3-MI.com | 7

More physicians use professional social networks, but those on consumer ones are more active daily



*Compared to total users

Among professional social networks, Doximity leads utilization for KOLs and younger physicians



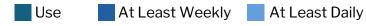
75% of KOLs use Doximity, making it their **4**th **highest overall media property**

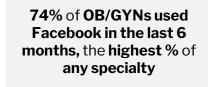
Doximity is the **most used professional social network** among **Gen Z** or **Millennial physicians (68%)**.

*Comparing from 2021 At Least Daily & At Least Weekly frequency is among site users

Consumer social networks drive social reach of physicians

Frequency Using Social Networks in Past 6 Months





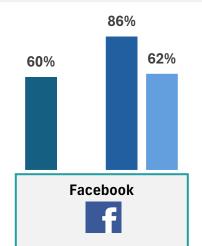
Of **physicians** that use LinkedIn **55%** are **age 50+**

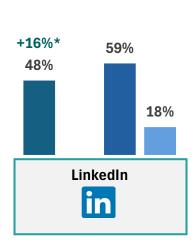
70% of Plastic Surgeons used Instagram in the last 6 months, the highest % of any specialty

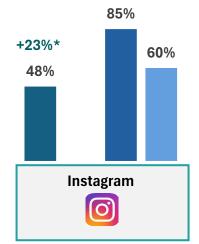
On average, 14% of a physician's time on Reddit is reading medicalrelated information (Among Reddit users)

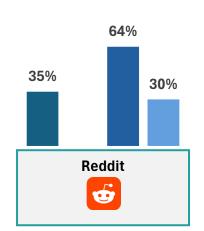
Among X users. **25%** are **KOLs**. **highest %** of any professional or consumer social network site users

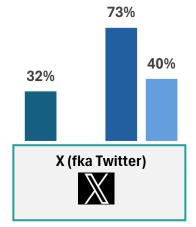
24% of **Gen Z or** Millennial physicians use **TikTok**

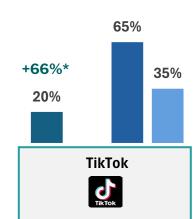












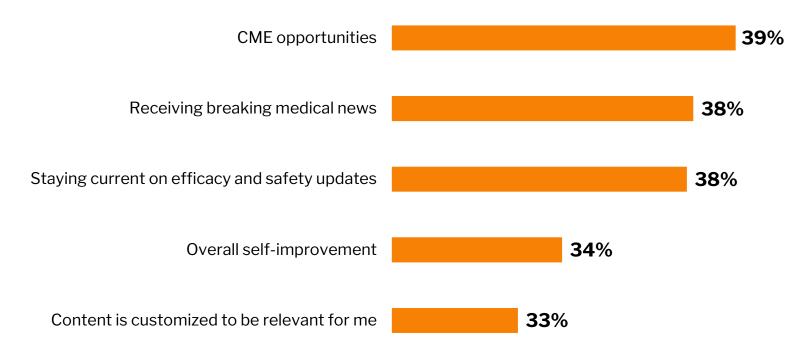
*Comparing from 2021

At Least Daily & At Least Weekly frequency is among site users

Medical education opportunities and news/updates top the list for why they stay active on social

Top 5 Reasons for Physician Staying Active on Social Media

(Among Those Who Use at Least Monthly)



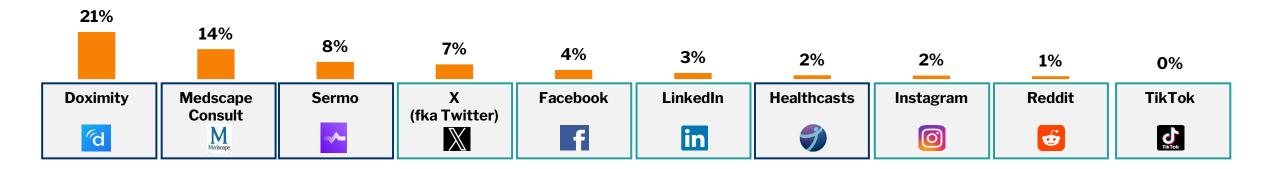


Any Important (Top 2)

While professional networks are the primary source for breaking medical news, 29% of physicians <45 years old rely on their consumer networks

Social Network Used Most for Breaking Medical News

(Among Those Who Find it an Important Reason)



They take action after reading medical content on social

Top 5 Actions Taken in Last Month After Reading Medical-Related Social Media Posts*

28% 负

Search for more information on a topic

23%



Read responses of others on a post

22%



Click a link to read the full contents of an article/paper on another website

22% P

Discuss information with colleagues/peers (email, phone, in-person)

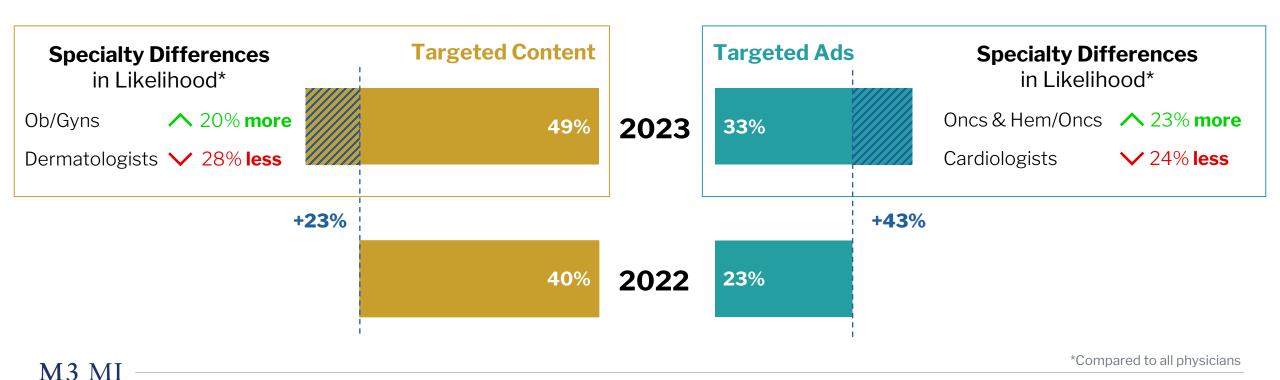
16%



Click to **view a full video**

When it comes to advertising physicians' appetite for being targeted with relevant content and ads is growing

Do Physicians Find Targeting Beneficial?



Physician social experience is about trust



Social for physicians is more about enhancing their knowledge



Physicians are skeptical of medical information shared socially but trusted sources are valuable in treatment decisions



While consumer platforms are where they spend most of their time, professional social is where they are most engaged



Targeted content and messages are becoming more mainstream

M3 MI / Kantar Media Healthcare Research

Your first source for healthcare **media insights** and **marketing intelligence**

M3 MI is the new name for the trusted healthcare data that marketers have relied on for decades to:

- better understand patient and healthcare professional audiences
- set communication strategies
- build media plans
- gain competitive advertising insights

M3 MI's syndicated data is used across agencies, healthcare brands and media properties.

Previously part of Kantar, M3 MI joined M3 USA in 2023. M3 is the market leader in healthcare market research across 27 countries, with ISO certifications reflecting its commitment to transparency and high-quality data.

Industry standard syndicated research for healthcare advertisers, agencies and media



Professional Health Studies

Understand HCP media behaviors, attitudes and decision-making channel consumption

The market's most extensive syndicated research across 35+ physician specialties and other HCP groups. We offer a portfolio of studies to better understand media channels and properties used and develop a multichannel communication plan.





MARS Consumer Health

Activate patient groups by understanding their health behaviors, attitudes, motivations and media usage

The MARS Consumer Health Study, a database of 40,000 adults across 100 condition groups is the industry's most widely used planning and profiling currency for healthcare insights and advertising.



Ad Intelligence

Competitive ad intelligence and insights for informed decisions

Used by brands, agencies and media to understand the share of voice, strategies and spend among their competitors across media channels.

Thank you

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